

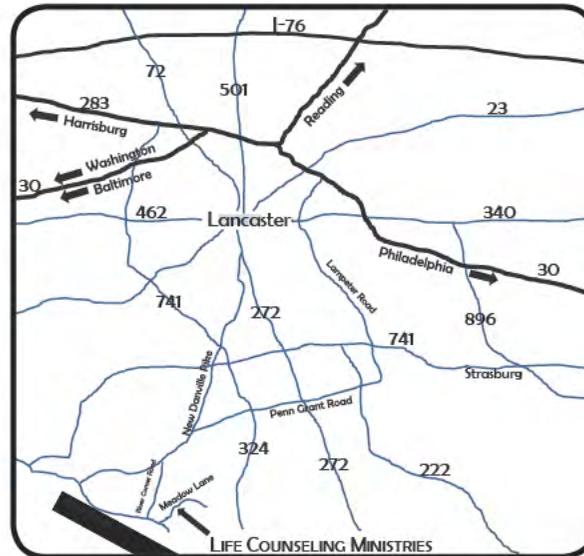


TEN-COURSE Counseling Certificate Program

Life Counseling Ministries has developed a ten course training program to help train pastors and lay counselors to be more effective in helping people with needs. Along with Biblical counseling principles, considerable time is given to practical training. This is done through group work, processing the specific skills taught, supervised counseling, and role playing.

Certificate program courses:

- Core 1 and Lab 1
- Core 2 and Lab 2
- Psychopathology 1 and 2
- Sexual Abuse
- Marriage and Family
- Biblical Interpretation
- Elective Course



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Life Counseling Ministries offers a series of courses in **biblical counseling**. These ten courses are offered over a two year period.

Core 1 and Lab 1 are prerequisites for the other courses that otherwise can be completed in any order.

A brief overview of the courses:

Core 1 and Lab 1: These courses, also known as Counselor Training Workshop, gives the foundation and the basic skills to help people know and worship God better and offer help for human problems. Core 1 focuses on the theory of a biblical counseling model while Lab 1 is a small group experience moving from theory to actual counseling experience.

Core 1 and Lab 1, a nine day training workshop, is offered annually in three, three-day intervals in November, January, and March.

Students who take Core 1 and Lab 1 don't necessarily need to be interested in the certificate program.

Core 2 and Lab 2: Core 2 is a continuation of Core 1 with a focus on shame and contempt. Lab 2 is an intense schedule with small group and counseling experience.

Psychopathology 1: A course on the more common psychological problems people face. The background, dynamics and process of treatment will be the main emphasis of the course. The focus will be on eating disorders and sexual disorders.

Psychopathology 2: A continued study of psychological problems. This course will focus on depression and anxiety.

Sexual Abuse: This course is designed to study the various types of abuse including sexual, physical, verbal and emotional abuse. Special emphasis will be given to the counseling issues relevant to adults who were sexually abused as children. You will learn to identify significant abuse indicators, understand the dynamics of abuse, and understand how to provide a caring and healing ministry.

Marriage and Family: This course will examine God's design for marriage and family life. It will consider how couples and families develop problems when they deviate from His design. Biblical solutions will be presented as means of restoring God's design.

Biblical Interpretation: This course is designed to assist you in developing a systematic, personalized method of studying, interpreting and applying Scripture in a ministry oriented setting.

Elective Course: Students will choose one of several elective courses which will be offered via DVD or seminar.

It is our desire to work alongside pastors in their respective congregations in training individuals to do counseling. If you are a lay member and plan to participate, we request a signed note from your pastor that supports your attendance.

• Required Reading

Prior to each course, you are required to read textbooks that help to facilitate the learning process. You will need to purchase or loan these textbooks.

• Lodging

Limited lodging is available at Life Counseling Ministries during the workshop. We can also provide you with a listing of motels in the area if you need lodging.

• Registration Process

Advanced registration is required. If you are interested in Core 1 and Lab 1 or in the certificate program, please contact Life Counseling Ministries for course dates and an application.

