



Life Counseling
MINISTRIES

“I am come
that they
might have

Life...

and have
it more

ABUNDANTLY.”

John 10:10



Our Purpose

Life Counseling Ministries (LCM) is a nonprofit Christian ministry founded in 1987. Our purpose is to provide a safe place where anyone facing distressing situations in life can find hope and move toward wholeness in Christ.

Core Values

Our purpose is anchored by five core values. These values are non-negotiable principles and convictions that guide our counsel and decisions.

Truth: Love for the Word of God is central to our life and counsel.

Reverence: Reliance upon the Holy Spirit empowers discernment and intimacy with God.

Honor: Honoring the image of God in another promotes one's true identity in Christ.

Humility: Affirming the worth of others with confidence, gentleness, and compassion opens the way for healing and hope.

Integrity: Maintaining integrity through confidentiality and healthy boundaries preserves client and counselor safety.

Our dedicated staff provide professional, caring assistance to individuals, couples, and families. Their counseling is tailored to the individual needs of each person with the purpose of strengthening their relationship with God, the family, and the local church.

We primarily serve a broad spectrum of Anabaptist churches from all over the U.S. and abroad, including missionaries on sabbatical or those returning from service.



Counseling Services

Individual Counseling

Individuals are guided into looking at personal issues that negatively impact their relationships and are invited to turn toward healthy ways of thinking and relating that align with God's principles. They are offered hope and encouragement for despair and depression.

Family & Marriage Counseling

Relational and family patterns are explored in family and marriage counseling. Couples and families are offered insights tailored to their experience that enable spiritual healing and discipline. Our goal is to facilitate biblical change and healing in the context of relationships.

Group Counseling

Small groups are led by one or two staff on the following topics:

- Emotional Healing (for women)
- Grief
- Marriage Enrichment (married women)
- Sexual Abuse (for women)

Grief Counseling

Counselors come alongside individuals, couples, or families who have experienced loss to help them put words to their loss, embrace their pain, and move forward with hope.



Counseling Services

Themes Addressed in Counseling

- Abuse
- Addictions
- Anxiety
- Bitterness & Anger
- Conflict Resolution
- Depression
- Family Systems
- Marriage
- Mental Health
- Pre-Marital
- Relationships
- Self-worth
- Sexual Issues
- Team Building

Apartments on our campus are available for clients coming for several days of intensive counseling.

Counseling Fees

As a non-profit parachurch organization, LCM provides its services on a donation basis. However, a suggested donation rate has been established by the LCM board to help offset the cost to the ministry. (Contact the office for the current rate.) Arrangements can be made for churches and families to help with cost where clients cannot pay for themselves. Donations above the cost of counseling are tax deductible and are used to assist clients who are unable to contribute.



Counselor Certificate

PROGRAM

LCM has developed a ten-course training program to equip pastors and lay counselors to serve their people more effectively. Along with teaching biblical counseling principles, considerable time is given to practical training through group work, processing the specific skills taught, supervised counseling, and role playing. Trainees are required to complete Core 1, Lab 1 before taking other courses. After completing Core 1, Lab 1, remaining courses may be taken in any order. A certificate is awarded to those who have completed the ten courses.

Certificate Program Courses

- Core 1, Lab 1
- Core 2, Lab 2
- Biblical Interpretation
- Marriage & Family
- Psychopathology 1
- Psychopathology 2
- Sexual Abuse
- Elective Course





Seminars & Retreats

Sweetheart Banquets

Our Sweetheart Banquets provide an opportunity for a couple to spend time together; offering encouragement, laughter and input for their relationship with each other.

Marriage Seminar

Our marriage seminars provide an opportunity for couples to strengthen their marriage relationships by learning better communication and care for each other.

Grief Seminar

While the journey of grief is intensely personal, it is also a time when other people are needed most. This seminar provides teaching and times of sharing and learning with others who have faced seasons of loss and grief. Together they find comfort and hope for the path forward.

Technology/Social Media Talks

These stand-alone talks provide information on the impact of digital technology, especially internet and social media, with a focus on how to steward digital resources well. They can be tailored for youth groups or church groups as requested.



Rocky Mountain Men's Retreat

The Rocky Mountain Men's Retreat is a 5-day experience in the Rockies with a small group of men sharing and reflecting on what it means to live with purpose and impact as men created in the image of God. Here you step away from the demands of life, immerse yourself in the wild beauty, and listen for the voice of God. Horseback riding, grand vistas, good food, and hearty fellowship all combine to make this experience memorable and life-changing.



Father & Son Retreat

Within every young lad is a deep thirst to be connected to his father. Purposeful investment in sons will impact them for eternity. Our annual 3-day Father & Son Retreat is designed to help dads interact with their sons in meaningful ways. Camping, team-building games, and hands-on activities provide opportunities for connection and healthy fun for father and son.



Mission

To walk with people in Christ-centered truth and love, illuminating a path through distressing issues of life.

Vision

Those we serve are empowered to enjoy healthy relationships with God and others, graced with inward wholeness.



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